





*Designed by a dentist
for protection and comfort.
Custom fit by you
for convenience.*

Mouth size and body type can differ. However, as a general rule,
choose the size based on the following:

	Medium	
Men and women under 5'6"	Most men and women (5'6" to 5'11")	Men and women 6'0" and above

Complete fitting instructions are inside the package and there is a
toll-free number to call for extra help.

The Doctor's
Night Guard
Dental Protector
for Nighttime Teeth Grinding (Bruxism)

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Irrington, NY 10533, a Prestige Brands Company

US Patent # 6,830,051 & D504,744
Made in U.S.A. DC13102

Warnings

Do not use:

- If you are under 18 years of age.
- If you wear braces, dentures or other dental products.
- If you can wiggle any of your teeth.
- If your dentist told you that you have TMJ.
- If you have any tooth or jaw pain, or pain with bruxing or tooth grinding.
- As an athletic mouth guard. Product does not absorb shock.
- For more than three months without consulting your dentist.

Ask a dentist before use if you have:

- Loose fillings, loose caps or cavities with no fillings.
- Clicking of your jaw.
- Jaw pain, teeth pain, face pain, or have a hard time chewing.
- Two or more missing teeth.
- Mouth sores.
- Gum disease or bleeding gums.
- Serious breathing, respiratory or other health problems.

When using this product:

- See your dentist every six months.

Stop use and ask a dentist if:

- Your same symptoms last even after several weeks of use.
- The product easily falls out of your mouth.
- The product causes you to gag or feels uncomfortable.
- You have bleeding gums, soreness, or other reaction inside your mouth.
- You notice new symptoms (jaw pain, teeth pain, ear pain, headache, neck stiffness, or joint clicking) because of the product.
- You have loose teeth or a change in your bite that lasts more than a few minutes after taking product out.

www.doctorsnightguard.com